

Quarterly Review Worksheet

Review 3-5 Year Goals

- Is the goal still worthwhile?
- Can it be moved to **1-2 Year Goals** or **Projects**?
- What Next Action or Project can be undertaken this Quarter to advance this goal?

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Review Career Goals

- Are you where you want to be?
- Where do you want to be at this time next year?
- What Next Action or Project can be undertaken this Quarter to advance this goal?

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- _____

- Tickle a note on this Next Action for review next month*

Review your Purpose

- Is the Purpose still valid?
- Are your Principles still in line with your Goals?
- What is one thing that you can do to improve yourself this Quarter?

- _____

Review your Lifestyle

- Is your current lifestyle in line with your Purpose and Principles?
- What are two things that you can do to improve your lifestyle this Quarter?
- What is one thing that you can do to improve yourself this Quarter?

- _____
- _____

Mind Map / Brainstorm Creative Ideas